



## Children's Trust Fund

A division of the Department of Social Services

### Please Join Us!

**Please join us join us in a very exciting initiative.** The initiative is called the Positive Parenting Program, or Triple P. The program involves entire communities in efforts to prevent emotional and developmental problems in children by enhancing the knowledge, skills, and confidence of parents. Evaluations of the program have found Triple P to be cost effective and successful in achieving its goals.

Triple P provides easy to use information and tips that everyone working with families can use to help parents respond to challenging parenting situations and build positive relationships with their children. The information and tips can make parenting more manageable and enjoyable.

We are meeting at **The Lord Thompson Manor located on 286 Thompson Hill Rd, Route 200, in Thompson, CT on Wednesday, January 16, 2013 from 8:00 AM to 11:30 AM** to begin work on this initiative. A Triple P America trainer and others will be there to describe the program and the important role you and your organization can play. They will tell about the courses they offer, how you can become an accredited Triple P practitioner and integrate Triple P parenting education into your current work with families. They will also talk about how Triple P compliments and is compatible with several family support efforts already underway in the northeastern region of the state.

Beginning in March and over the next three years, we will be offering **free training** and support to more than 50 individuals working in eastern Connecticut. Triple P offers several courses. Each course is geared to the time and intensity an individual has to spend with a parent on parenting education - whether it's a brief consultation or intensive long-term intervention.

Triple P has been used by individuals working with children and families in many settings and in a variety of ways. Triple P practitioners include coaches, recreation staff, librarians, teachers and teachers' aides, case managers, child-care providers, guidance counselors, ministers, family center staff, substance abuse counselors, social workers, psychologists, pediatricians and others.

We are reaching out to a broad range of individuals who may not have had extensive training in parenting education, feel that they would benefit from the Triple P training, and be able to use the parenting tools provided by the program. In addition, we would encourage practitioners to join us who are using a different parenting resource and would like to try something else.

If you are interested in becoming an accredited Triple P practitioner, please attend the informational meeting on January 16 and complete the application to apply for a Triple P training course. Also, we encourage you to invite the leadership of your organization to attend the informational meeting with you.

**Training & Accreditation Application:** The application will be available at [www.ct.gov/ctf](http://www.ct.gov/ctf)

**Informational Meeting:** Wednesday, January 16, 2013 from 8am until 11:30am

Held at Lord Thompson Manor, 286 Thompson Hill Rd, Route 200, Thompson, CT 06277

**RSVP:** Eleni Fatsis at (860) 424-5256 or [eleni.fatsis@ct.gov](mailto:eleni.fatsis@ct.gov)

Diane Farquharson at (860) 923.3458 or [dianef@teegonline.org](mailto:dianef@teegonline.org)

Triple P - Positive Parenting Program is sponsored by the Children's Trust Fund,  
a Division of the Department of Social Services, in collaboration with TEEG. Community partners include Nurturing  
Families Network at Day Kimball Healthcare, Putnam Family Resource Center, Generations Family Health Center,  
Access Community Action Agency and Kerry Fair



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### **Northeastern Connecticut Triple P Initiative Triple P Training and Accreditation Application**

The Children's Trust Fund, a division of the Department of Social Services, in partnership with the TEEG is sponsoring the Triple P Initiative in the northeastern region of the state, specifically in Killingly, Pomfret, Putnam, Thompson and Woodstock.

#### **Purpose:**

This application is for enthusiastic individuals working with families and children in the aforementioned five towns who are interested in becoming accredited Triple P practitioners and participating in practitioner network and initiative activities taking place in the northeastern region.

Applicants may apply to enroll in the course being offered in the first year of the program (details follow). We are encouraging applicants to apply in teams of two. The applicants within a team do not need to be employed by the same organization. The teams would be expected to work together and offer peer support while they implement the program.

An application is required for each individual applying to enroll in the course. Applications are due no later than **Friday, February 15, 2013**.

#### **The Initiative:**

An accredited Triple P trainer will provide the Triple P training and course accreditation. The course and training materials will be provided to practitioners **free of charge**. Each practitioner will also receive a one-year supply of materials and handouts for their work with families at no cost. The program sponsors and planning committee will work with practitioners to help find funding sources to sustain the effort and purchase materials for subsequent years.

A community network of Triple P practitioners will be established to provide on-going support and assistance to practitioners, provide an opportunity to share knowledge with other practitioners, and to establish a referral network among Triple P and other practitioners. The network will meet on a regular basis.

#### **Selection of Applicants:**

To be selected to participate in the training, individuals must complete and submit the application, have the support of their organization, and agree to offer Triple P in a manner consistent with the program model and fully participate in Triple P implementation efforts within the northeastern region.

These efforts will include:

- Completing the required course training and workshops
- Completing the accreditation process for the course
- Participating in Triple P network and implementation meetings
- Participating in the evaluation process
- Actively using practitioner kits, tip sheets, booklets, workbooks, websites, and other materials provided by Triple P
- Participating in activities within their organization to discuss implementing the program and using the materials

Organizational support may come from a place where the applicant is employed or affiliated. It may also come from the applicant's own business or place of self-employment. Organizations can offer their support by signing the **Organizational Commitment** on page 8.

Applications will be considered on the basis of the applicant's interest expressed in response to questions in the application, evidence of organizational support, and the availability of course slots.

Should the number of applicants exceed the capacity of the training, considerations will be made to ensure diversity and geographical distribution of providers within the region. Qualified practitioners not selected for the course being offered at this time will be invited to participate in future trainings when and if they are available.

### **The Courses:**

Triple P offers training and accreditation for a broad range of practitioners. The training course is organized by level. **Triple P course levels are based on the time and intensity a practitioner spends with parents on parent education.** The levels match practitioner time and intensity to the course.

The following course will be offered under this application.

Combined Level 2/3 – “Brief and Ongoing Parenting Education” (Combined Brief Primary & Primary Care Triple P)

Applicants can use the **Practitioner Guide** and **Course and Accreditation Schedule** (page 4) to learn more about the course and how it can be integrated into their work with families.

**Practitioner Guide:**

| <b>Level/Time &amp; Intervention</b>   | <b>Scope of Parenting Education - Type of Intervention</b>   | <b>Types of Practitioners</b>   | <b>Practitioner Work Setting</b>   |
|--|--|---|--|
| Combined Level 2/3: Brief and Ongoing<br><br>1 to 4 interactions or sessions with parents focused on parenting | Practitioners work in settings where they would have brief interactions with parents of see families on an <u>ongoing basis</u> and would have <u>multiple interactions or sessions</u> with parents on parenting issues and concerns. | Coaches, care coordinators, recreation department staff, librarians, teachers, outreach workers, community ambassadors, ministers and others faith-based settings, home visitors, pediatricians, nurse practitioners, child care providers, mental health care providers, school guidance counselors, medical assistants, school resource officers, police, youth services bureaus, juvenile review boards, before and after school staff, family resource center (FRC) staff, social workers, group facilitators, counselors, case managers, child care providers, school counselors, home visitors, family support staff, and health care providers | Preschools, family resource centers, family day care homes, community organizations, community centers, faith-based settings, health care centers, hospitals, school guidance offices. |

**Course and Accreditation Schedule:**

A chart with detailed information follows.

| <b>Course Level/Time &amp; Intervention</b>        | <b>Proposed Training &amp; Accreditation Dates:<br/><i>Practitioner is required to attend the following:</i></b>   |
|--|--|
| Combined Level 2/3 - Brief Primary & Primary Care: | <b>Early Spring 2013</b><br>- Training: 1 class (2 full days): March 25, 2013 & March 26, 2013<br><br>- Pre-Accreditation Workshop: (1 full day held 4-6 weeks after training): April 29, 2013<br><br>- Accreditation Workshop: (1 half-day held 2 weeks after pre-accreditation): May 13, 2013 & May 14, 2013<br><br>- Clinical Consulting Workshop: (1 full day 6 months after training) Dates - TBD |

**PLEASE NOTE: The training, and all post training workshops (pre-accreditation, accreditation and clinical consulting workshops) will be held at TEEG located at 15 Thatcher Road in North Grosvenordale, CT.**

## **Application Form**

Please complete the following application form in full and submit it by mail or email with signatures to:

**Diane Farquharson**  
[dianef@teegonline.org](mailto:dianef@teegonline.org)  
c/o TEEG  
P.O. Box 664  
North Grosvenordale, CT  
06255

Applications are due to TEEG **on or before Friday, FEB. 15, 2013.**

**Note: Please type all information on this form.**

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### **Part 1: Applicant Information**

#### **Name of applicant:**

Job Title:

Phone number:

Email address:

Fax number:

#### **Name of Organization:**

Address:

Please list the towns your organization services:

Please list towns you serve as a provider:

#### **Name of Organizational Representative:**

Phone number:

Email address:

## **Part 2: Applicant Interest in Triple P**

**This section should be no more than one typed page in length in 12 pt font.**

1. Describe how you work with children and families?
  
  
  
  
  
  
  
  
  
  
2. Describe why you are interested in becoming trained and accredited in the Triple P - Positive Parenting Program.
  
  
  
  
  
  
  
  
  
  
3. Describe how you imagine you will use Triple P parenting education as a part of your work with children and families.

## **Part 3: Course Applicant is Applying to attend:**

- ☐ Combined Level 2/3 – “Brief and Ongoing Parenting Education” (Brief Primary & Primary Care Triple P)

## **Part 4: Organizational Support**

**Please check one of the following:**

- ☐ I am an employee of the sponsoring organization
- ☐ I am member or affiliate of the sponsoring organization
- ☐ I am self-employed and the sole person responsible for the sponsoring organization

## **Part 5: Training Team**

**Please check one of the following:**

- ☐ I am applying as a part of a training team. My training partner is \_\_\_\_\_,  
their contact info (phone & email): \_\_\_\_\_
- ☐ I am not applying as a part of a training team

## **Part 6: Organizational Commitment**

To be completed by the representative of the organization agreeing to supporting the applicant.

The \_\_\_\_\_ agrees to support \_\_\_\_\_  
(name of organization) (name of applicant)  
to be selected to fully participate in the training, to offer Triple P in a manner consistent with model, and to fully participate in Triple P implementation efforts within the northeastern region.

These efforts will include:

- Completing the required course training and workshops
- Completing the accreditation process for the course
- Participating in Triple P network and implementation meetings
- Participating in the evaluation process
- Actively using practitioner kits, tip sheets, booklets, workbooks, websites, and other materials provided by Triple P
- Participating in activities within their organization to discuss implementing the program and using the materials

The organization agrees to provide time and support to the applicant to fulfill the requirements outlined in this application and noted above.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## **Part 7: Applicant Commitment**

To be completed by the applicant.

I, \_\_\_\_\_, agree, with the support of my organization to fully  
(name of applicant)  
participate in the training, to offer Triple P in a manner consistent with model, and to fully participate in Triple P implementation efforts within the northeastern region.

These efforts will include:

- Completing the required course training and workshops
- Completing the accreditation process for the course
- Participating in Triple P network and implementation meetings
- Participating in the evaluation process
- Actively using practitioner kits, tip sheets, booklets, workbooks, websites, and other materials provided by Triple P
- Participating in activities within their organization to discuss implementing the program and using the materials

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*Thank you for your interest in Triple P!*